

MONTHLY BOARD MEETING MINUTES

January 23, 2017

Mental Health Board

Members in Attendance

Allinger, Tony
Behrens, Sharon
Bond, Yvonne
Cataldo, Lisa
Filla, Stacci
Holmes, Jim
McLennan, Geoff
Thickens, Theresa
Wierenga, Dianne

Staff and Guests

Abrahamson, Twylla	Jones, Janna
Bauman, Maureen	Madsen, Elizabeth
Copple, Katrina	Osborne, Marie
Ferry, Katherine	

Absent Members

Bartley, David
Cirillo, Gregg
Stanners, Sharon

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Advisory Board (MHADAB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Not Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADAB) meetings.
- The MHADAB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Dr. Twylla Abrahamson, Acting Director, Children's System of Care (CSOC)

Presenting an update on CSOC and the Continuum of Care Reform Act

- PowerPoint presentation (handouts provided) on Continuum of Care Reform (CCR) Act.
- Provided a brief background on the CCR legislation - AB 403 (sponsored by Stone).
- It's an effort to change the methods for placement of children in foster care, where they actually live for a period of time, and includes increased training requirements for providers. CCR really changes how we do the foster care system.
- This reform effort will touch a lot of different areas on the child welfare side of the house and the mental health side and, a little later, a bit on the Probation side.

- Reviewed the focus, which is on seeking to change how kids are institutionalized.
- The CCR effort will phase out traditional group homes as a foster care placement and transition the use of group care to Short-term Residential Therapy Programs (STRTP).
- One of the legislative recommendations which has really impacted Placer, on the local level, is that county-operated emergency shelters had to shut their doors and transition to a community-based emergency shelter model by January 1, 2017.
- Participated in a competitive bid process for emergency shelter services; Koinonia Family Homes was awarded the contract.
- Placer is the only county that's been in compliance with shutting their county-operated shelter on their timeline.
- Koinoina Connections has a six-bedroom house that can house up to six kids for emergency services. Kids only go here if CSOC is not able to directly place a child in one of their emergency shelter beds.
- CCR impacts more than just emergency shelter services. Dr. Abrahamson went on to explain the additional impacts.
 - Related to all institutional care - revamping the level system to create one high level STRTP.
 - Reviewed STRTP rates and accreditation.
 - Additional efforts are being made on the foster care family changes.
- Resource Family Approval (RFA) process – potential foster families, relatives, and non-related extended family members will all have to go through the same process (to prepare a home/family for adopting a child) and meet some requirements.
 - Resource families will not receive funding through foster care until approved as a Resource Family (training completed).
 - Monies are not retroactive.
 - CSOC still can do an emergency placement of a child.
- Plan to reform the way families are paid – higher rate, based on the level of care (need) – see the Home Based Family Care Rate Structure within the PowerPoint.
- Discussed the level of care tool that the social workers will be using before a child is placed.
- Building on Katie A, the legislation requiring additional mental health screening for all the foster care kids to make sure they were connected to mental health services or assessment. All children, now, as part of CCR entering child welfare, will be required to have a Child and Family Team Meeting within 60 days of entering child welfare or probation.
- Explained Presumptive Transfer – AB 1299, which goes into effect July 1, 2017. Policy designed to improve the timely and effective provision and payment of specialty mental health services (SMHS) to children in foster care who are placed outside of their county of jurisdiction by transferring the responsibility for the provision and payment of SMHS to the county or residence (just the mental health transfer). There are exceptions to the policy.
- Reviewed the increased workload for the QA team and increased fiscal costs.
- Timing for some of the elements is problematic and will create barriers for families and care.

Secretary/Treasurer's Report

- Approval of the December 12, 2016 Public Hearing and Regular Board Meeting Minutes.
- Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2016-17.
Expenditures for the month of December include: \$78.27 – catered meal, leaving a balance of \$1,051.91
Geoff McLennan made a motion to approve the Treasurer's Report, Public Hearing and Regular Board Meeting as read, Jim Holmes seconded. Motion carried.

Standing Committee Reports

- ❖ **Executive Committee** – Theresa Thickens
 - No action taken.
- ❖ **Alcohol and Drug (AOD) Committee** – Stacci Filla and Geoff McLennan
 - Geoff McLennan looking for new members to attend committee meeting.
 - Goals for upcoming year.
 - Learning more about the Medi-Cal Waiver, hearing from Amy Ellis, ASOC Program Manager.
 - Doing more outreach by visiting treatment providers. Planning to visit Aegis in February and will send email to members for their interest.
 - Interested in the recent results from a Department of Health Care Services site review.
 - Plan to ask ASOC staff for support in terms of new laws and implementation, e.g., new age law on cigarettes (21).

❖ **Children's Committee** – Sharon Behrens

- Reported on the representation at a trauma and resilience group, which included the Coalition for Auburn and Lincoln Youth; Mike Lombardo (Placer County Office of Education); Eric Branson and Jennifer Cook (CSOC).
 - Looking at having a conference in the fall related to the concept and understanding of trauma and resilience.
 - Plans include a keynote speaker and breakout workshops for additional training.
- Eric Branson talked about the Dependency Court Parent Orientation, for new families entering the Child Protective Services (CPS) System. Passed around the CPS manual for review.
 - Members interested in attending can contact Eric Branson, CSOC acting Assistant Director.
 - Maureen Bauman noted it includes parents who have already been involved in the system.
 - Janna Jones was requested to obtain an electronic copy of the Dependency Court Parent Orientation manual; however, it was strongly suggested that interested members attend the program in addition to reviewing the material.
- Discussed the Mental Health Parity and Equity Act of 2008 Overview (*requires group health plans and health insurance issuers to ensure that financial requirements such as co-pays, deductibles and treatment limitations applicable to mental health or substance use disorder benefits are no more restrictive than the predominant requirements or limitations applied to substantially all medical/surgical benefits*).
 - Review of the document is due by February 3, 2017. Document passed around for review.
- Committee is reviewing the goals for FY 16-17.
- Ms. Behrens is working with the Lincoln Resource Collaborative and recently visited schools regarding creating a youth voice, which is expected to come on board in the fall.
 - The group has visited two schools interested in developing the youth voice.
 - The concept is to stop bullying and discrimination, report it, and get the individual help.
 - Develop a mentor type of situation and create a safe zone.

❖ **Adult Services Committee** – Yvonne Bond

- Committee welcomed a guest speaker, Cyndy Bigbee, ASOC Program Manager.
 - She talked about the Public Guardian (PG), educating them on the organizational structure, funding and the various types of conservatorships.
 - The group was surprised to find out that Maureen Bauman is the Public Guardian for Placer County.
 - Shared concern that Placer may not be taking in referrals and converting them into conservatorships as much as need.
 - In FY 15-16: LPS Conservatorship – 75 people, Probate - 40 people. Referrals and disposition - 26 referrals and 11 were conserved.
 - Biggest concern for the group is how to get a loved one conserved when they are too ill to recognize the need.
 - Cyndy Bigbee reviewed the referral process, which is initiated by a doctor. Referral then goes to the PG for an investigation and then it goes through a legal process.
 - Discussed whether the conservatorship is going to put individuals in a better position.
 - Would like to explore more referral statistics, e.g., where are they coming from, reason for not seeing more referrals.
 - Ms. Bauman noted that the system has evolved to have people be as independent as possible.
- The committee visited Telecare and Cornerstone today and met Dr. Ignatowicz, ASOC Chief Physician.

Board of Supervisor (BOS)-Representative

❖ Supervisor, Jim Holmes reported on the following:

- The BOS approved the zoning change, allowing expanded areas for emergency shelter use.
 - The zoning for the current temporary shelter is now an allowable use, giving us a permanent location for a temporary shelter on the Dewitt campus.
 - There is an Auburn and Roseville group looking for a location suitable for an emergency shelter.
- With the opening of a new animal services center (September), the previously used Auburn shelter facility is now empty. The BOS, at the January 24th meeting, will approve a contract with the Gold Country Wildlife Rescue to use the facility.
- Putting together a medical marijuana workgroup to look at the effect(s) that marijuana has on young people.
 - Looking at expanding the ability of those conscientious growers who produce medical marijuana, allowing them to continue to do business.
 - Anticipate spending more than \$600,000 a year just to implement the current ordinance (too confining).
 - Mr. Holmes noted that recreational marijuana growing will not be allowed.
- At tomorrow's BOS meeting, Mr. Holmes will give a report on the good work of the MHADAB.

Correspondence and Announcements

- ❖ Theresa Thickers reported on the following:
 - Nothing received.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Provided an update on the 18-unit apartment, which continues to move forward. The BOS approved the agreement that puts the process in motion of 180 days to complete the remodel. Each of the 18 units will be remodeled.
 - There will be a live-in manager.
 - Housing only people with serious mental illness (SMI) – Full-Service Partnership (FSP).
 - Advocates for Mentally Ill Housing (AMIH) will be the manager of the 18-unit apartment.
 - County agreed to purchase apartment, and it will be turned over to AMIH as permanent supportive housing.
 - The City of Roseville is completing a 77-unit complex, making it more like a community. Plan to use MHSA for 10 of the 77 units – dedicated for people who have SMI.
 - Maureen Bauman announced she will retire the end of April.
 - Discussed the possible uses for the Children's Emergency Shelter facility, now vacant. Looking at alternatives, including a board and care.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing agenda item*)
 - Theresa Thickers reported the Executive Committee interviewed a prospective member at its last meeting and urged committees to promote recruitment efforts.
- ❖ Ad Hoc Committee Update
 - Sharon Behrens provided an update on the new MHADAB policy on site visits.
 - Distributed and reviewed the following documents: PC MHADAB Program Review, Policy and Procedure for all Community Based Visits and Information Checklist.
 - The form will be fine-tuned during implementation.
- ❖ Member Handbook Update
 - A number of items need to be updated in the Member Handbook; Theresa Thickers will have ready for the next meeting.
 - Contact Theresa Thickers if you see something requiring attention or something that should be included.
 - Provide input by February 13th.

New Business

- ❖ Vote on Appointment of Elizabeth Madsen, Family Member, to the MHADAB [**Action Item**]
 - The Executive Committee interviewed Ms. Madsen and recommends her appointment to the MHADAB.
 - Ms. Madsen shared information about herself, family experience, employment and reason she would like to be on the MHADAB.

Jim Holmes made a motion, recommending the BOS approve the appointment of Elizabeth Madsen to the MHADAB, Yvonne Bond seconded. Motion carried.
- ❖ Contract [**Action Item**]
 - Maureen Bauman provided an overview of the below participation agreement.
 - ☐ Homeless Management Information Systems.

Geoff McLennan made a motion to move the participation agreement forward to the BOS for approval, Dianne Wierenga seconded. Motion carried.
- ❖ Committee Reports for February Agenda
 - Theresa Thickers requested the three committees each provide a summary of work-to-date for this fiscal year.
 - Fifteen minutes per committee to present the material. This will be the first cut of the annual report.
 - Follow format of last year's annual report.
 - Each committee to address outreach efforts, including recruitment; QI activities, tracking/following; goals being worked on; and any priorities you might have for the May retreat.
 - Written reports are due to Janna Jones by Friday, February 17th.

- ❖ Jail Tours (South Placer and Auburn)
 - Members have shared interest in touring the jails.
 - Theresa Thickers asked for a volunteer to be the point person to coordinate and talk with the contact at the jail.
 - Geoff McLennan will take the lead; planning will begin in April.
 - Email Mr. McLennan the jail(s) you would like to visit and your availability.
 - Plan to schedule Joanne Hendrix, program manager for the California Forensic Medical Group (CFMG) contract, for the May retreat. CFMG is the organization that provides the medical and psychiatric services for the jails.
 - Discussed having Ms. Hendrix also attend a board meeting to describe the services to the full board.
 - Tony Allinger (AOD committee member) is very interested in what is being done around mental health and alcohol and drug services with the inmates.

Board Member Comments

- ✧ Theresa Thickers reported on increases in November and December test calls. She pointed out that at the bottom, the *attendance sheet* identifies the committees' month for test call responsibilities (a minimum of three test calls). However, members are encouraged to make as many test calls as possible.
 - For better tracking, send an email to Marie Osborne or Jennifer Ludford when you've completed a test call.
- ✧ Tony Allinger requested the Procedure for all Community Based Visits and Information Checklist (ad hoc forms) be emailed to members. Would like the updated member handbook include Health and Human Services Organizational chart.
- ✧ Jim Holmes announced the long-term Sheriff - Ed Bonner, will be retiring and will appoint the Undersheriff to the position.
- ✧ Stacci Filla will be unable to attend next few meetings and will plan to call into the MHADAB meeting.
- ✧ Elizabeth Madsen offered to speak to the MHADAB on mental health court from her perspective as a contract attorney for the court.

Public Input

- ✧ Katrina Copple announced the acceptance of applications for the Family and Friends Coordinator has just been closed.
- ✧ Katherine Ferry noted that the February 24, 2017 Consumer Council flyer was placed on back table. Encouraging those who are a current or previous client of the ASOC to attend; it's a wonderful experience and people get to be involved in a focus group about their experience. Age group is for those 18 and up.
- ✧ Katrina Copple shared that the Family and Friends Coordinators are now available to assist family members at Drug Court.

Adjournment

- The meeting was adjourned at 8:06 p.m.
- Tuesday, February 14, 2017, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, February 27, 2017, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board